Suicide Prevention
If at any time you do not feel safe or feel like hurting yourself or others, please call 911 or go to the nearest emergency room. The following telephone hotline is available 24 hours a day and 7 days a week:
National Suicide Prevention Lifeline
(800)-273-8255

Contact Us
For more information about our treatment options, please call (307) 633-7370.

Cheyenne Regional has implemented the policy that payments for medical care are due at time of service. This includes co-pays, co-insurance, deposits, payments on accounts and balances due. We thank you for your understanding when we ask for payment at the time of check-in. We may charge for missed appointments. Please call at least 24 hours before your appointment if you need to reschedule.
Behavioral Health Services
Cheyenne Regional Medical Center’s Behavioral Health Services offers inpatient and outpatient programs to support patients who are experiencing a behavioral health need on their pathway to recovery. The Behavioral Health Services team is committed to providing outstanding patient care in an environment that supports growth and respect for our patients.

Inpatient behavioral healthcare provides a high level of service designed to treat patients experiencing an acute episode of behavioral illness in a safe, protected environment. The first step after admission is for patients to partner with our interdisciplinary specialist team to complete a comprehensive diagnostic evaluation. Our multidisciplinary team has many years of experience in behavioral health services and consists of board-certified psychiatrists, master-level, independently licensed case managers, therapists, registered nurses and a nurse practitioner.

Following the initial evaluation, our professionals work with the patient and significant others (as appropriate) to create an individual treatment plan focusing on recovery. This treatment plan will include group therapy. Psychoeducation and facilitated-skill development groups are an essential part of our program. Our goal is to provide patients with a safe environment during which they and their clinical team can explore treatment options. This includes medication management of their illness and developing skills to manage symptoms. The goal is to remain safe and to continue to function following discharge as treatment continues in the outpatient setting.

Our professional team consists of:

**Psychiatrists**
Our psychiatrists meet with patients daily and work to give patients an accurate diagnosis, which then will guide their treatment. Our psychiatrists discuss benefits, risks and/or side effects of medications and also monitor patients as they begin to take these medications.

**Nurse Practitioner**
Shortly after admission our nurse practitioner meets with the patient to evaluate and treat non-psychiatric medical needs.

**Nurses**
Nurses are committed to their patients’ care 24 hours a day/seven days a week. Nurses provide education and support related to medications, nutrition, exercise and chronic illness management.

**Case Managers**
Our case managers are dedicated to working with patients and their families to assess psychological and social needs for discharge. They help patients establish a plan to continue recovery on an outpatient basis.

Recreation Therapists
Recreation therapists provide patients with adaptive recreation and leisure counseling, which is an integral part of our treatment program.

Psychiatric Technicians
Psychiatric technicians are available to assist patients with group activities, structure and safety.

Crisis Intervention Therapists
All of our crisis intervention clinicians are licensed independent practitioners in the State of Wyoming. These providers are based in the Emergency Department at CRMC. They are available 24 hours a day/seven days a week to complete a psychiatric evaluation and to consult with any patient admitted to the Emergency Department for whom the attending Emergency Department physician has recommended a behavioral health assessment. Following the behavioral assessment, these practitioners can make recommendations for treatment as appropriate to the patient and the Emergency Department physician.

Electroconvulsive Therapy (ECT)
CRMC Behavioral Health Services now offers Electroconvulsive Therapy (ECT) on an inpatient and outpatient basis. ECT can provide rapid, significant improvements in severe symptoms of a number of mental health conditions. It often works when other treatments are unsuccessful. The procedure is provided by an ECT-credentialed psychiatrist working with an anesthesiologist and a trained nurse.