



Cheyenne Regional
Medical Center
Clinical Education

Sept 2024

Educational EXPO

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Dates:

Sept 5, 9, 18, 19, 25, & 30

Time:

See Schedule for Class Times

***You need to choose your class
time in Healthstream***

MORE INFORMATION:

Contact Erin Vigil

(O) 307-996-4515

Erin.Vigil@crmcwy.org



General Information

Educational Expo is designed for the purpose of ensuring Clinical Staff receive timely education to address mandatory requirements or elective education that adds value to clinical practice.

EDUCATING
THE MIND
WITHOUT
EDUCATING
THE HEART IS
NO EDUCATION
AT ALL.

Due to unforeseen circumstances class schedules may change. The most up-to-date schedule can be found by following the path below:

[Hospital Intranet](#)>
[Departments](#)>
[Clinical Education](#)>
[Education Expo](#)

Registration/Schedules:

- You will be assigned the courses that you are required to attend; however, you need to log-in to Healthstream and choose the course time that works best for your schedule.
 - Please refer to the brochure and daily class schedule to plan your day.
 - Our goal is to assist you in meeting your course requirements in one day if you desire to do this.
- To sign-up for an optional class, please go to the catalog in Healthstream and search for the course that you would like to take. Then please select the specific class time you would like to attend.
- To search for courses in Healthstream you can search using the displayed titled in this brochure.

Cancellations/No Shows:

- If you have registered for a class and are unable to attend that session, please drop your enrollment in the class to free up your seat for someone else to register.** If it is less than 24 hours prior to the start of the class, please notify Clinical Education that you are dropping your class by calling: (307) 996-4734.
- You must provide notice that you will not attend a class a minimum of 2 hours prior to your registered class(es). If you do not provide notice, this will be reported to your unit manager and counted as a no show.

Parking/Attire/Evaluation:

- Please park in the designated parking lots at the CRMC East Campus
- Course Participants should follow the hospital professional appearance policy. For education you should wear Business Casual or Scrubs. Workout clothing, shorts, hats, and other casual wear is not appropriate attire.
- Please take the time to fill out the course evaluations. Suggestions will be used to plan future Expo events and offerings. We welcome all feedback and routinely make changes based on the feedback we received.

Questions:

- For additional assistance with your schedule or other questions please contact Erin Vigil at: Erin.Vigil@crmcwy.org or (307) 996-4515
- If you have concerns about scheduling your classes, please talk to your manager or educator.

East Campus Classroom Locations

Basement Classrooms

Take elevators or stairs by coffee shop to Basement floor. When you get off elevators (or out of stair well) take a left. All classrooms will be down this hallway. This is the same level if you park in the east parking lot and enter through the dock doors

Grand Teton	At the end of the hallway on the left
Warren	Half way down hall to the right (there are two doors to this classroom)

1st Floor Classrooms

When you come in the main entrance go past the check-in desk. Continue until the hallway comes to a "T" on the tile floor. Take a right. Go through the door that is on the left side of the elevators.

East MPR (Multi-Purpose Room)	Continue straight ahead through the lobby area and through the door. The MPR is the large room on the right hand side of the hallway.
White Buffalo Computer Lab	Turn left, This is 1st room on the left side of the hallway
Wrangler	Turn left, This is the 1st classroom on the right side of the hallway
Crow Creek Crossing	Turn left, This is the 2nd room on the left side of the hallway
Gannett Peak	Turn left, This is the last classroom on the right side of the hallway
Capital	Turn left, Go to the end of the hallway, take a right and this room will be the <u>first</u> room on the left
Meadowlark	Turn left, This is the 2nd classroom on the right side of the hallways (between Wrangler and Gannett Peak)
Legion Park Computer Lab	Turn left, Go to the end of the hallway, take a right and this room will be the <u>second</u> room on the left
Simulation Lab	***Don't go through door to the left of the elevators as stated above*** Door to Sim lab is between the vending machines in the elevator lobby
Cottonwood	At the "T" mentioned above (under 1st floor classrooms) turn left, then turn right, the classroom will be the 4th door on the right side of the hallway (near the old ambulance bay)

4th Floor

Take elevators by vending machines to the 4th floor

RQI	Turn left off the elevators, 1st door to the left (just beside the elevators)
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In-Person Class Offerings

Required Classes:

- These have been assigned in your Healthstream account under the “To Do” tab.
- Please check dates, times, and locations in Healthstream and enroll in a class that works for you.
- Please unenroll from classes if you cannot attend. *****No Shows will be reported to unit managers*****

Optional Classes:

- These classes are available in Healthstream for pre-Registration.
- To sign-up for these courses, look for the program title in the catalog section of Healthstream using the name listed.

All Things Blood: Blood Kiosk, Emergency Release vs. Mass Transfusion, Changes to Platelets

This course will provide a fundamental overview of initiating a Mass Transfusion and emergency release blood products in both the ED and Inpatient settings at CRMCM. Topics will include types of blood products, workflow, and the associated documentation in EPIC. The second half of the course will provide training to staff who will need access to the new Blood Kiosk that will be going live in the ED in October of 2024.

*****ED RN, ARR, and Resource RNs who pick up in the ED will be required to stay for the ED Blood Kiosk Training. All other staff will be released prior to this portion of the training*****

Approximate time to complete: 1.5 hours

Required for:

- RNs and ARRs in ED, ICU, ARR, L&D, WCS Charge RNs, OR, PACU, Cardiac Cath, Resource, and IR

Bariatric Post-Op Complications

Join Dr. Breitman for a lecture on complications that may arise after a bariatric surgery. Topics will include a concise review of bariatric procedures, common post-operative complications, and essential emergency protocols.

*****This class is only offered once a day, please plan your schedules accordingly. If you are unable to make this class work, please reach out to Erin.Vigil@crbcmwy.org for assistance.*****

Approximate time to complete: 60 Minutes

Required for:

- All licensed Healthcare staff who have direct contact with metabolic and bariatric patients to include:
- RNs, LPNs, Medics and ARR's in ED, SDS, PACU, SONU, ICU, and Resource

Optional for:

- Any clinical staff member that would like to learn more

There is no end to education. It is not that you read a book, pass an examination, and finish with education. The whole of life, from the moment you are born to the moment you die, is a process of learning.

~ Jiddu Krishnamurti

In-Person Class Offerings

Basic EKG

This course will review normal cardiac anatomy, physiology, and electrical conduction through the heart. Participants will learn to identify and relate waveforms to the cardiac cycle; will review and utilize a systematic process when interpreting rhythm strips; and discuss characteristics of abnormal rhythms.

This class is offered once a month, several months each year. This offering falls on an expo day. For mor questions about this class please contact Colleen Rodgers or Jessica Buchholz.

*****Only Offered Sept 18th*****

Approximate time to complete: 4 Hours

Required for:

- Tele RNs within 6 months of hire
- Nurse Residents: This class is required for Nurse Residents during their Residency Year. If you have not yet taken this class, this Expo offering is an opportunity for you take it.

Optional for:

- Any clinical staff member that would like to learn more about EKG's

Code Yellow and Restraint Chair

Code Yellows and use of the restraint chair are deemed to be a high risk event. Therefore, it is critical that staff routinely review and practice how to intervene when the situation arises. Attendees will review the Code Yellow Process, how to use the Restraint Chair, and CPI holds.

Approximate time to complete: 60 Minutes

Required for:

- Behavioral Health Staff

Highly Encouraged for:

- All ED & Resource Staff
- Security
- Any CPI trained staff member

Infant and Fetal Loss and Bereavement

As part of ongoing education, this course will provide an overall understanding of types of infant and fetal loss as well as what we can provide to our patients. A review of resources available, stages of grief, guidance on what to say in difficult situations as well as hands-on learning will be offered.

Approximate time to complete: 2 Hours

Required for:

- All WCS RNs, OB Techs, & CNAs

Highly Encouraged for:

- RNs, Medics, Techs, CNAs in ED, SDS, ARR's, & PACU

6 Rights to the Rescue: Heroes of Safe Medication Administration Part 2

Please complete the Healthstream Module for 6 Rights to the Rescue: Heroes of Safe Medication Administration: Part 1 prior to attending this class.

CRMC has experienced an increase in the number of occurrence reports that are submitted regarding medication administration. In this interactive class, the learner will work through potential causes for medication errors, legal ramifications of medication errors, apply the 6 rights of medication administration, and practice using resources to promote safe medication administration.

Approximate time to complete: 1.5 Hours

Required for:

- RN, Resource RN, LPN, Medic in ED, Endoscopy, Cardiac Cath, Medical Imaging/VAT/IR, HHC, AIC, Radiation Oncology, ARU, BHS, OR, PACU, SDS, Dialysis, ICU, Hospice, ARR, WCS, 3-2, 6-2, 7-2, & 8-2
- Respiratory Therapy

Optional for:

- All other RNs, LPNs, Medics

You don't understand anything until you learn it more than one way.

In-Person Class Offerings

<p><u>Setting Heart Failure Patients up for Success: Patient Education and Decreased Re-admissions</u></p> <p>Heart Failure (HF) is becoming an increasingly prevalent disease. Approximately 1 in 4 patients now have HF. It is a chronic, debilitating disease process that significantly impacts quality of life. CRMC is striving to improve patient self-care and decrease the number of HF readmissions. Readmissions effects patient outcomes and are often costly to the patient and organization. In addition, regulatory agencies review heart failure admissions and assess if hospitals are effectively educating patients. This class will educate staff on a standard process for educating patients with heart failure so they know their treatment plan, when to call their provider, purpose of their medications, and signs/symptoms they should watch for at home.</p> <p style="text-align: center;">***Staff on Telemetry and ICU will complete a HS Module ***</p> <p>Approximate time to complete: 30 Minutes</p>	<p>Required for:</p> <ul style="list-style-type: none"> RNs and LPNS on 3-2, 7-2, 8-2, ARU, and Resource <p>Optional for:</p> <ul style="list-style-type: none"> All other RNs, LPNs, and Medics
<p><u>SONU Bridging: Neuro Make-Up</u></p> <p>Caring for a patient with neurological issues is difficult. This course will cover central nervous system anatomy, and appropriate nursing assessments. Additionally, neurological disorders, such as stroke, stroke-look-a-likes, and spinal disorders will be covered.</p> <p style="text-align: center;">***Only one class will be offered on Sept 9th ***</p> <p>Approximate time to complete: 2 Hours</p>	<p>Required for:</p> <ul style="list-style-type: none"> CNA, CNA II, LPN, RN on 3-2, ARU, and SDS that did not complete this at the May Expo <p>Optional for:</p> <ul style="list-style-type: none"> Resource RN, CNA, CNA II, RCT Any staff that might float to SONU
<p><u>SONU Bridging: Orthopedics</u></p> <p>Orthopedic nursing can be overwhelming with the many different procedures and precautions to remember. This course equips nursing staff with knowledge of skills required to take care of the most complex orthopedic patients. Learners can expect to learn about musculoskeletal anatomy, the pathology of the various orthopedic disorders, and how to provide high-quality care to any patient with an orthopedic condition.</p> <p>Approximate time to complete: 2 Hours</p>	<p>Required for:</p> <ul style="list-style-type: none"> CNA, CNA II, LPN, RN on 3-2, and ARU <p>Optional for:</p> <ul style="list-style-type: none"> Resource RN, CNA, CNA II, RCT Any staff that might float to SONU

Intelligence plus character—
That is the goal of true education.
~ Martin Luther King Jr.

In-Person Class Offerings

Stop the Bleed

Stop the Bleed is a course that provides the participants with basic hemorrhage/bleeding control training. In the course, participants will review what hemorrhaging looks like and then discuss what techniques can be used if someone is hemorrhaging. After the short presentation, participants will then get a chance to practice wound packing and tourniquet application during the hands-on portion of the course.

Approximate time to complete: 1 Hour

Required for:

- CNA, Rehab Tech, Psychiatric Tech, LPN, RN on BHS, ARU, Clinical Education, and Resource RNs & CNAs

Highly Encouraged for:

- Any ARU or BHS staff member
- EPIC Staff that have a clinical background
- Security
- Guest Services

Optional for:

- All other staff

Stroke Basics with NIHSS Certification Course

This live course will discuss the evolution of a stroke, clinical manifestations, and current treatments. Learners will also complete NIHSS certification. If you are required to have an NIHSS Certification, you are required to attend one of these classes in person. We are no longer accepting any other NIHSS Certification at CRMC (Agency Staff exempted).

This class is offered once every month. This offering does not fall on an Expo day but within an Expo Month. For more questions about this class please contact Erin Vigil.

***** Only Offered Sept 10th—which is a non-expo day*****

Approximate time to complete: 3 Hours

Required for

- RNs or Medics from ICU, ED, SONU, or Resource that have an upcoming expiration for NIHSS certification
- LPNs from SONU
- ARRs
- New hires to the above areas needing this certification.

NIHSS Recertification for the Advanced Clinician Course

This live course is designed for staff that have taken an initial NIHSS course at CRMC in the last 2 years and:

- Have not had any opportunities for improvement vocalized to you by your manager or the stroke team
- Work as an RN or Medic in the ED, ICU, ARR, or Charge RN on SONU & Tele

This class is offered once every quarter. This offering does not fall on an Expo day but within an Expo Month. For mor questions about this class please contact Erin Vigil.

***** Only Offered Sept 19th*****

Approximate time to complete: 90 Minutes

Offered for

- RNs and Medics from ICU, ED, ARR, or SONU & Tele Charge RNs

Don't wait for opportunity, Create it.

In-Person Class Offerings

Equipment Rodeo—Drop-in Booth:

- ***We will be closing the Equipment Rodeo:***
 - *Daily for Lunch—see daily schedule for time of closure*
 - *For the day @ 3:00 pm*
- **Please plan to arrive early enough to complete your activities before closing.**

Stop by before or after your classes to learn some new equipment and refresh your knowledge on existing equipment. Complete the passport and drop-it in the box for a chance to win a prize.

Self-Study (Educators available as needed to assist)

- Nurse Residency Poster Boards—Optional
- Stroke Educational Updates
- Pediatric Sepsis

Clinical Educator to review/guide learning event:

- Bed Bugs, Bed Bugs, Whatcha Gonna Do When They Come For You?
- ED Code Blue Roles & Responsibilities
- Massimo
- Magnet Trivia
- NG Tubes—Update in Practice
- New PowerLoc Max Port Needles
- Stryker Bed Review (Bariatric, iBed) - *tentative*
- Thermogard
- Trach Care
- Twilio Text Messaging (for Clinical Education to send text messages)

******You must sign in at each booth for you to obtain credit for attending******

Approximate time to complete: 30-90 minutes

******Time required depends on your specific requirements******

Please see the next page for requirements



Education is the most powerful weapon
which you can use to change the world.

~ Nelson Mandela

HealthStream class offerings will be assigned to you in your HealthStream account starting by Sept 1st as applicable for your role/department.

<p><u>6 Rights to the Rescue: Heroes of Safe Medication Administration: Part 1</u></p> <p><i>Please complete this Healthstream Module for 6 Rights to the Rescue: Heroes of Safe Medication Administration prior to attending this class.</i></p> <p>This module will identify safe medication practices and common errors in relation to the 6 rights of administering and wasting medications. The learner will elicit feedback regarding workarounds or barriers frequently faced by clinical staff.</p> <p>Approximate time to complete: 45 Minutes</p>	<p>Required for:</p> <ul style="list-style-type: none"> RN, Resource RN, LPN, Medic in ED, IR, Endoscopy, Cardiac Cath, Medical Imaging, VAT, HHC, AIC, ARU, OR, PACU, SDS, ARR, Dialysis, ICU, ARR, WCS, 3-2, 6-2, 7-2, & 8-2 <p>Optional for:</p> <ul style="list-style-type: none"> All other RNs, LPNs, Medics
<p><u>Blood Product Administration</u></p> <p>This interactive module will review the blood product administration policy, protocols and practices for CRMC.</p> <p>Approximate time to complete: 30 Minutes</p>	<p>Required for:</p> <ul style="list-style-type: none"> Agency RN, RN, Resource RN, LPN, Medic in ED, IR, Endoscopy, Cardiac Cath, Medical Imaging, VAT, AIC, ARU, OR, PACU, SDS, ARR, Dialysis, ICU, ARR, WCS, 3-2, 6-2, 7-2, & 8-2 <p>Optional for:</p> <ul style="list-style-type: none"> Other RNs, LPNs, or Medics
<p><u>High Consequence Infectious Diseases and Special Pathogens: Essentials for the ED Health Care Team</u></p> <p>This course will provide an overview for the Emergency Department staff on several high-consequence diseases, such as Viral Hemorrhagic Fevers, that may present to the ED setting. An introduction to the identify, isolate, and inform process in the event of a positive screening will be provided. Additionally, information the regarding current resources available at CRMC to help assist in the event a patient presents with a suspected high-consequence disease will be covered in this module.</p> <p>Approximate time to complete: 30 Minutes</p>	<p>Required for:</p> <ul style="list-style-type: none"> RNs, LPNs, Medic, & Techs for ED and ARR <p>Optional for:</p> <ul style="list-style-type: none"> Resource RNs

When you learn, Teach.
 When you get, Give.
 ~ Maya Angelou

Setting Heart Failure Patients up for Success: Patient Education and Decreased Readmissions

Heart Failure (HF) is becoming an increasingly prevalent disease. Approximately 1 in 4 patients now have HF. It is a chronic, debilitating disease process that significantly impacts quality of life. CRMC is striving to improve patient self-care and decrease the number of HF readmissions. Readmissions effects patient outcomes and are often costly to the patient and organization. In addition, regulatory agencies review heart failure admissions and assess if hospitals are effectively educating patients. This class will educate staff on a standard process for educating patients with heart failure so they know their treatment plan, when to call their provider, purpose of their medications, and signs/symptoms they should watch for at home.

*****Staff on 3-2, 7-2, 8-2, and Resource will complete a live class *****

Approximate time to complete: 30 Minutes

Required for:

- RNs on 6-2 and ICU

Optional for:

- All other RNs, LPNs, and Medics

Suicide Ligature Risk

This course is designed to equip healthcare professionals with the skills needed to address suicide risk effectively within their community and practice. Students will gain a deeper understanding of the prevalence of suicide locally and reflect on their own emotional responses to this critical issue. The course will cover the essential role of identifying patients at risk for depression and suicidal ideation and students will learn strategies for applying appropriate interventions based on screening results and discover resources available to ensure patient safety in a hospital setting. Additionally, the course will provide guidance on accessing support for patients' families and staff, ensuring a comprehensive approach to suicide prevention and management.

Approximate time to complete: 30 Minutes

Required for:

- ARR, RN, LPN, Medic, Tech, CNA, CNA II, OB Tech, PSA, & RCT in ICU, ED, WCS, 3-2, 6-2, 7-2, 8-2, ARU, BHS, Endoscopy, Cardiac Cath, IR, Resource, Clinical Education

Optional for:

- Any other staff member interested in learning more

Trophon2 Training

This course serves as the annual E-learning module for clinicians who utilize the Trophon2 High Level Disinfection Device to disinfect ultrasound probes. The employee will need to log into their account at Nanosonics Academy, complete the trophon2 Training course, and provide their unit educator or manager an updated certificate of completion from the Nanosonics Academy for the 2025 fiscal year.

***** You need to turn in your certificate of completion to your unit educator *****

Approximate time to complete: 15 Minutes

Required for:

: Clinicians in the ED, ICU, AIC, SDS/PACU/ OR, Cath Lab (?) who hold Trophon Access cards and have completed initial training.

*****As Assigned*****

September 9th - Monday

Name of Event	7:30 - 8:00	8:00 - 8:30	8:30 - 9:00	9:00 - 9:30	9:30 - 10:00	10:00 - 10:30	10:30 - 11:00	11:00 - 11:30	11:30 - 12:00	12:00 - 12:30	12:30 - 1:00	1:00 - 1:30	1:30 - 2:00	2:00 - 2:30	2:30 - 3:00	3:00 - 3:30	3:30 - 4:00
All Things Blood Healthstream sign-up required						Capital Classroom 1st Floor	Capital Classroom 1st Floor						Capital Classroom 1st Floor				
Bariatric Post-Op Complications Healthstream sign-up required												Grand Teton Basement					
Code Yellow & Restraint Chair Healthstream sign-up required						Meadowlark 1st Floor											
Equipment Rodeo Drop-in Booth	East Multipurpose Room 1st Floor										Closed for Lunch		East Multipurpose Room 1st Floor				
Infant & Fetal Loss & Bereavement Healthstream sign-up required			Warren Basement										Warren Basement				
6 Rights to the Rescue: Heroes of Safe Medication Administration Healthstream sign-up required						Grand Teton Basement							Grand Teton Basement				Grand Teton Basement
Setting Heart Failure Patients Up for Success Healthstream sign-up required				Crow Creek 1st Floor												Crow Creek 1st Floor	
SONU Bridging: Neuro Make-up Healthstream sign-up required																	Cottonwood 1st Floor
SONU Bridging: Orthopedics Healthstream sign-up required			Gannett Peak 1st Floor														
Stop the Bleed Healthstream sign-up required					Capital 1st Floor												Capital 1st Floor

September 30th - Monday

Name of Event	7:30 - 8:00	8:00 - 8:30	8:30 - 9:00	9:00 - 9:30	9:30 - 10:00	10:00 - 10:30	10:30 - 11:00	11:00 - 11:30	11:30 - 12:00	12:00 - 12:30	12:30 - 1:00	1:00 - 1:30	1:30 - 2:00	2:00 - 2:30	2:30 - 3:00	3:00 - 3:30	3:30 - 4:00
All Things Blood Healthstream sign-up required			Capital 1st Floor	Capital 1st Floor			Capital 1st Floor	Capital 1st Floor				Capital 1st Floor					
Bariatric Post-Op Complications Healthstream sign-up required				Grand Teton													
Code Yellow & Restraint Chair Healthstream sign-up required								Meadowlark 1st Floor									
Equipment Rodeo <i>Drop-In Booth</i>	East Multipurpose Room 1st Floor																
Infant & Fetal Loss & Bereavement Healthstream sign-up required			Warren Basement						Closed for Lunch								
6 Rights to the Rescue: Heroes of Safe Medication Administration Healthstream sign-up required								Grand Teton Basement	Grand Teton Basement			Grand Teton Basement	Grand Teton Basement			Grand Teton Basement	
Setting Heart Failure Patients Up for Success Healthstream sign-up required						Crow Creek 1st Floor										Crow Creek 1st Floor	
SONU Bridging: Orthopedics Healthstream sign-up required																	
Stop the Bleed Healthstream sign-up required																	Gannett Peak 1st Floor