





## Here's [HOW] you can maximize your oral health at no additional cost.

A healthy mouth is a vital part of your overall health, and Delta Dental of Wyoming cares about yours. That's why we offer the Health *through* Oral Wellness® program (or, HOW® for short). HOW is a unique, patient-centered program that adds additional benefits to your dental plan, based on your individual oral health needs. By having your dentist perform a simple risk assessment, you may have access to additional preventive and health-sustaining benefits.

## HOW TO GET STARTED:



*First,* simply request an Oral Health Risk Assessment at the beginning of your dental visit.

\*Dentists can choose whether to participate with the HOW program.



**Second,** if you qualify based on your results, Delta Dental of Wyoming will release, or "unlock" specific additional benefits.

## BELOW ARE JUST SOME OF THE BENEFITS THAT MAY BE COVERED BASED ON RISK SCORES

- ✓ Additional Cleanings
- ✓ Additional Sealants (child and adult)
- ✓ Fluoride (child and adult)

- ✓ Periodontal Maintenance (gum disease treatment)
- ✓ Tobacco Cessation Counseling

If you have questions or would like to contact us for more information about the new Health *through* Oral Wellness program, please contact us by phone at (307) 632-3313 or toll-free at (800) 735-3379 or by email at customerservice@deltadentalwy.org.

All enhanced benefits are subject to the patient meeting their plan's annual maximum and other limitations. A risk assessment must be performed at least once every 12 months. Enhanced benefits and standard policy requirements, including coinsurance percentages, copayments and plan maximums, may be subject to changes.